

NORTH LINCOLNSHIRE COUNCIL

CABINET

PUBLIC HEALTH OUTCOMES FUND

1. OBJECT AND KEY POINTS IN THIS REPORT

- 1.1 To update Cabinet on the outcomes of the initiatives funded by the Public Health outcomes fund 2013 & 2014-15

2. BACKGROUND INFORMATION

- 2.1 In October 2013, services were asked to submit applications for funding to support initiatives that will make a positive impact on the health and well-being of the North Lincolnshire population. Applications were submitted to the Director of Public Health (DPH).

- 2.2 The applications identified the following information:-

- The name and description of the proposal (including evidence base);
- The Public Health framework indicators that would be positively affected;
- The expected outputs from the initiative;
- The expected outcomes from the initiative;
- How the initiative was to be evaluated;
- A budget proposal and;
- The proposed next steps

- 2.3 Each initiative lead was then asked to present their proposal to the DPH and identify any further output and outcome measures that were to be used to measure the success, or otherwise of the scheme. A number of issues were identified at these meetings including the need to bring together a number of schemes with similar outcomes, such as leisure related schemes and the need to be more specific about the indicators and values used to measure success. At those meetings the timing of the funding was also discussed and leads were asked to ensure that expenditure was made in the correct year.

2.4 There were 18 schemes accepted, in addition to the community grants scheme. These are:-

- Support for young victims of domestic abuse
- Increase participation in sport and physical activity amongst inactive people in North Lincolnshire
- Addressing poverty and reducing the impact on people in North Lincolnshire
- Combat loneliness of older people in the community
- Develop a non-statutory support service to raise the awareness and take action against Child Sexual Exploitation
- Maximise the impact of the Imagination Library
- Reduce the levels of overweight and obese young people in North Lincs
- Reduce smoking prevalence in children of secondary school age
- Housing Related Support service to assist hard to house single homeless people or couples with complex problems
- Young people and risk taking behaviours
- Provision of a specialist Outreach Worker to deliver an engagement and treatment service to respond to the rising trend and issues of non-prescription substance use
- North Lincolnshire Suicide Prevention Action Plan
- Integrate fitness as part of a client's treatment and recovery plan across all substance misuse service within North Lincolnshire
- Transport to multi-sports session for stroke rehabilitation
- Reduce underage sales of alcohol and tobacco
- Engagement of underrepresented groups in sports leisure and healthy lifestyles
- Expansion of the walking the way to health scheme
- VNews

2.5 The progress of the schemes has been monitored on a six-monthly basis via reports to the DPH and the council's management team. The funding for these schemes via the Public Health Outcomes fund will cease for the majority of projects at the end of March but a number of schemes will continue using existing mainstream funding.

2.6 This report summarises the position of the 18 projects. The individual reports identify that there have been a significant number of outputs already achieved by the schemes. These include:-

- Multi-agency risk assessment conference referrals for young people has decreased by 36%
- 295 extra people have participated in sport since August 2014 with over 3,000 unique sessions
- Debt workers assisted residents to deal with £261,250 of debt

- In excess of 250 wellbeing conversations have been held with existing service users or members of the public
- 84.5% of children in North Lincolnshire are registered with the imagination library and receiving an age appropriate book each month
- 70% of children completing the 4-6 (years old) Get Going Programme have achieved a reduced BMI Z-score. 70% of children have also maintained or reduced waist circumference.
- 63 secondary age children have signed up to receive stop smoking support of these 7 have stopped smoking, 5 have been referred for NRT and smoking cessation support and 12 have reported significant reduction in intake. In addition 242 children have received advice or support from the stop smoking team
- Of the 20 people who have moved on from the Housing Support Service in the last year, 13 moves have been positive with a number of clients moving into independent accommodation in the local community
- 354 people received training to identify and support people who self harm.
- Clients across the substance misuse service have reported both psychological and physical improvements following access to leisure services
- 69 individuals and two associations have taken part in walks and conservation activities across North Lincolnshire delivering 250 hours of conservation work
- 2,094 free swims at Epworth pool in summer 2014
- Isle Dance for Health hold 18 dances per year with up to 50 dancers per dance
- There has been significant increases in treatment for non-opiate and crack substances
- There are now 45 Women and Girls attending the women only swimming session weekly, the age range is from small babies to a lady in her 80's
- 30 women attend a weekly gym and aerobics session
- The Eid event organised last year by VNews had attendance of 300 women, 200 of these women added their name to our database and we can now contact them and send out specific targeted health issues. It is planned to repeat this again this year, the event will be widened to have more input from partners and deliver more targeted sessions around key health themes

2.7 As well as the achievements identified in paragraph 2.5, the projects are also expected to deliver further outcomes and improvements in health across North Lincolnshire as the full impact of the schemes are known. Therefore, we will be undertaking further monitoring of the schemes at intervals during the year.

3. OPTIONS FOR CONSIDERATION

3.1 That Cabinet note the outturn position of all the 18 projects, associated spend and the achieved outcomes.

4. ANALYSIS OF OPTIONS

- 4.1 Cabinet could accept the outcomes achieved by all 18 projects funded by the Public Health Outcomes fund.
- 4.2 Cabinet could request further clarification of the outcomes delivered by one or more of the projects where they have concerns that the outcomes haven't been delivered.

5. RESOURCE IMPLICATIONS (FINANCIAL, STAFFING, PROPERTY, IT)

- 5.1 Financial
Of the original £931,000 Public Health Outcomes fund allocated for 2014-15, £905,030 is expected to be spent.
- 5.2 Staffing
There are no direct staffing implications.
- 5.3 Property & IT
There are no direct property and IT implications.

6. OUTCOMES OF INTEGRATED IMPACT ASSESSMENT (IF APPLICABLE)

- 6.1 There are no issues requiring an Integrated Impact Assessment

7. OUTCOMES OF CONSULTATION AND CONFLICTS OF INTEREST DECLARED

- 7.1 All monitoring forms have been completed by the project lead and any further clarifications have been agreed with the leads.

8. RECOMMENDATIONS

- 8.1 That Cabinet note the outcomes achieved by the Public Health outcome funded schemes.

DIRECTOR OF PUBLIC HEALTH

Civic Centre
Ashby Road
Scunthorpe
North Lincolnshire
DN16 1AB
Author: Nigel Manders
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Background Papers used in the preparation of this report:

None